

Actual needed hour as per NCISM

Working Days 305 = 51 Weeks (Total Hr. needed 2240)

RS	-	LH Alloted 180 hr		51X2	102
RS	-	NLHT Alloted 80 hr		51X1	51
RS	-	NLHP Alloted 240 hr		51X5	255
KS	-	LH Alloted 150 hr		51X3	153
KS	-	NLHT Alloted 50 hr		51X1	51
KS	-	NLHP Alloted 200 hr		51X5	255
SN & AI	-	LH Alloted 100 hr		51X2	102
SN & AI	-	NLHT Alloted 140 hr		51X3	153
SN & AI	-	NLHP Alloted 60 hr		51X1	51
PV	-	LH Alloted 90 hr		51X2	102
PV	-	NLHT Alloted 140 hr		51X3	153
SA-I	-	LH Alloted 140 hr		51X2	102
SA-I	-	NLHT Alloted 260 hr		51X3	153

**Time Table for First Year Batch 2025-26**

**BABU YUGRAJ SINGH AYURVEDIC MEDICAL COLLEGE & HOSPITAL**

GOMTI NAGAR VISTAR- 6, LUCKNOW

EFFECTIVE FROM- 13.04.2026

Day	1	2	3	6	7	8	9	10
	09:30 To 10:30	10:30 To 11:30	11:30 To 12:30	12:30 To 13:00	13:00 To 14:00	14:00 To 15:00	15:00 To 16:00	16:00 To 16:30
Monday	Rachana Sharir - I LH	Kriya Sharir - I LH	Sanskrit LH	<b>LUNCH</b>	Samhita Adhyayan-I NLH T	Samhita Adhyayan-I LH	Padartha Vijnanam - I NLH T	
	Dr. Nishith Krishna Mohan Kesharwani	Dr. Anjali	Mr. Bhanu Pratap		Dr. AKANKSHA GANGWAR	Dr. Akausha	Dr. S.S. Sengar	
Tuesday	Rachana Sharir - I NLH T	Kriya Sharir - I NLH T	Sanskrit LH		Samhita Adhyayan-I NLH T	Rachana Sharir Practical Batch B Kriya Sharir Practical-Batch A (NLH P)		
	Dr. Ankita	Dr. Anjali	Mr. Bhanu Pratap		Dr. AKANKSHA GANGWAR	Dr. Ankita	Dr. Amit/Dr. Anjali	
Wednesday	Rachana Sharir-I LH	Kriya Sharir - II LH	Sanskrit Practical (NLH P)		Samhita Adhyayan-I NLH T	Rachana Sharir Practical Batch A & B (NLH P)		
	Dr. Ankita	Dr. Amit Kumar Mishra	Mr. Bhanu Pratap		Dr. AKANKSHA GANGWAR	Dr. Ankita		
Thursday	Padartha Vijnanam - II NLH T	Samhita Adhyayan-I LH	Sanskrit NLH T		Padartha Vijnanam - II LH	Rachana Sharir Practical Batch A Kriya Sharir Practical-Batch B (NLH P)		
	Dr. S.S. Sengar	Dr. Pragya Singh	Mr. Bhanu Pratap		Dr. S.S. Sengar	Dr. Ankita	Dr. Amit	
Friday	Rachana Sharir - II LH	Kriya Sharir - II LH	Padartha Vijnanam - I LH		Sanskrit NLH T	Rachana Sharir Practical Batch B Kriya Sharir Practical-Batch A (NLH P)		
	Dr. Ankita	Dr. Anjali	Dr. AKANKSHA GANGWAR		Mr. Bhanu Pratap	Dr. Ankita	Dr. Amit	
Saturday	Rachana Sharir - II LH	Padartha Vijnanam - II LH	Library		Ayurved Ithihias NLH T	Rachana Sharir Practical Batch A Kriya Sharir Practical-Batch B (NLH P)		
	Dr. Ankita	Dr. S.S. Sengar			Mr. Bhanu Pratap	Dr. Ankita	Dr. Amit	

LIBRARY/ SEMINAR/ SPORTS

*Principal*

**Principal**  
Babu Yugraj Singh  
Ayurvedic Medical College & Hospital  
Baghamau, Gomti Nagar, V-6, Lucknow

Actual needed hour as per NCISM

Working Days 305 = 51 Weeks (Total Hr. needed 2240)

RS	-	LH Alloted 180 hr	51X2	102
RS	-	NLHT Alloted 80 hr	51X4	204
RS	-	NLHP Alloted 240 hr	51X4	204
KS	-	LH Alloted 150 hr	51X3	153
KS	-	NLHT Alloted 50 hr	51X5	255
KS	-	NLHP Alloted 200 hr	51X5	255
SN & AI	-	LH Alloted 100 hr	51X3	153
SN & AI	-	NLHT Alloted 140 hr	51X5	255
SN & AI	-	NLHP Alloted 60 hr	51X3	153
PV	-	LH Alloted 90 hr	51X4	204
PV	-	NLHT Alloted 140 hr	51X3	153
SA-I	-	LH Alloted 140 hr	51X2	102
SA-I	-	NLHT Alloted 260 hr	51X3	153

**Time Table for First Year Batch 2024-25**

**BABU YUGRAJ SINGH AYURVEDIC MEDICAL COLLEGE & HOSPITAL**

GOMTI NAGAR VISTAR-6, LUCKNOW

Effective form 03/12/2025

Day	1	2	3	6	7	8	9	10
	09:30 To 10:30	10:30 To 11:30	11:30 To 12:30	12:30 To 13:00	13:00 To 14:00	14:00 To 15:00	15:00 To 16:00	16:00 To 16:30
Monday	Sanskrit LH	Rachana Sharir Practical Batch A Kriya Sharir Practical-Batch B NLHP		<b>LUNCH</b>	Padartha Vijnanam-I LH	Kriya Sharir- I & II NLH T	Samhita Adhyayan-I NLH T	<b>LIBRARY/ SEMINAR/ SPORTS</b>
	Mr. Bhanu Pratap	Dr. Ankita	Dr. Amit		Dr. S.S. Sengar	Dr. Anjali	Dr. Akansha	
Tuesday	Sanskrit LH	Rachana Sharir Practical Batch B Kriya Sharir Practical-Batch A NLHP			Kriya Sharir-I LH	Kriya Sharir-II LH	Samhita Adhyayan-I NLH T	
	Mr. Bhanu Pratap	Dr. Nishith Kesharwani	Dr. Amit		Dr. Amit	Dr. Anjali	Dr. Akansha	
Wednesday	Sanskrit Practical NLHP	Rachana Sharir Practical Batch A Kriya Sharir Practical-Batch B NLHP			Rachana Sharir-I NLH T	Padartha Vijnanam-II NLH T	Kriya Sharir-I LH	
	Mr. Bhanu Pratap	Dr. Ankita	Dr. Amit		Dr. Ankita	Dr. S.S. Sengar	Dr. Amit	
Thursday	Sanskrit NLH T	Rachana Sharir - I LH-2 HR			Samhita Adhyayan-I LH	Padartha Vijnanam-II NLH T	Samhita Adhyayan-I LH	
	Mr. Bhanu Pratap	Dr. Ankita			Dr. Akansha	Dr. S.S. Sengar	Dr. Pragya Singh	
Friday	Sanskrit NLH T	Rachana Sharir Practical Batch B Kriya Sharir Practical-Batch A NLHP			Samhita Adhyayan-I LH	Samhita Adhyayan-I NLH T	Rachana Sharir-II LH	
	Mr. Bhanu Pratap	Dr. Ankita	Dr. Amit		Dr. Akansha	Dr. Akansha	Dr. Ankita	
Saturday	Ayurved Ithihas NLH T	Samhita Adhyayan-I NLH T	Library		Samhita Adhyayan-I NLH T	Kriya Sharir-II LH	Rachana Sharir-II NLH T	
	Mr. Bhanu Pratap	Dr. Akansha			Dr. Akansha	Dr. Anjali	Dr. Ankita	

Principal

Babu Yugraj Singh

Ayurvedic Medical College & Hospital  
Baghamau, Gomti Nagar, V-6, Lucknow

Working Days 305 = 51 Weeks (Total Hr. needed 2240)

AT	-	LH Alloted 100 hr	51X2	102
AT	-	NLH Alloted 200 hr	51X4	204
RSBK	-	LH Alloted 150 hr	51X3	153
RSBK	-	NLH Alloted 300 hr	51X5	255
RN	-	LH Alloted 150 hr	51X3	153
RN	-	NLH Alloted 300 hr	51X5	255
DG	-	LH Alloted 150 hr	51X3	153
DG	-	NLH Alloted 250 hr	51X4	204
SW	-	LH Alloted 150 hr	51X3	153
SW	-	NLH Alloted 250 hr	51X4	204
SA-II	-	LH Alloted 100 hr	51X2	102
SA-II	-	NLH Alloted 140 hr	51X3	153

### BABU YUGRAJ SINGH AYURVEDIC MEDICAL COLLEGE & HOSPITAL

#### BAMS 2ND YEAR TIME TABLE (2023-24) w.e.f. 13-04-2026

Day / Time	09:30 To 10:15	10:15 To 11:00	11:00 To 11:45	11:45 To 12:30	12:30 To 13:15	13:15 To 14:00	14:00 To 15:00	15:00 To 16:00	16:00 To 16:30	
Monday	Dravya Guna (LH)	Swasth Vritta (LH)	RSBK (LH)	Agad Tantra (NLHT)	Rog Nidan (LH)	<b>LUNCH</b>	(NLHP) GRP-A (RSBK) GRP-B (RN)	(NLHP) GRP-B (RSBK) GRP-A (RN)	<b>LIBRARY/ SEMINAR/ SPORTS</b>	
	Dr. Gaurav Awasthi	Dr. Shahanshah	Dr. Ashutosh Pandey	Dr. Raj Mohan	Dr. Rohit Pandey		Tuesday	(NLHP) GRP-A (SW) GRP-B (AT)		(NLHP) GRP-B (SW) GRP-A (AT)
Tuesday	Swasth Vritta (LH)	Dravya Guna (LH)	RSBK (NLHT)	Agad Tantra (LH)	Rog Nidan (LH)			Wednesday		(NLHP) GRP-A (AT) GRP-B (SW)
	Dr. Shahanshah	Dr. Gaurav Awasthi	Dr. Ashutosh Pandey	Dr. Raj Mohan	Dr. Rohit Pandey		Thursday			(NLHP) GRP-A (RN) GRP-B (RSBK)
Wednesday	Rog Nidan (LH)	Swasth Vritta (LH)	RSBK (LH)	Agad Tantra (LH)	Dravya Guna (LH)			Friday		(NLHP) GRP-A (RN) GRP-B (RSBK)
	Dr. Ankur	Dr. Shahanshah	Dr. Ashutosh Pandey	Dr. Raj Mohan	Dr. Ram Munish		Saturday			(NLHP) GRP-A (DG) GRP-B (DG)
Thursday	Samhita Adhyayan-II (LH)	Swasth Vritta (NLHT)	RSBK (LH)	Agad Tantra (LH)	Rog Nidan (NLHT)			Yoga		
	Dr. Akansha	Dr. Anita Pal	Dr. Pradeep Kumar Pandey	Dr. Arvind Kumar	Dr. Ankur					
Friday	Samhita Adhyayan-II (NLHT)	Swasth Vritta (LH)	Dravya Guna (NLHP)	Rog Nidan (LH)	Practical (NLH P) Any Department SOS					
	Dr. Akansha	Dr. Anita Pal	Dr. Gaurav Awasthi	Dr. Rohit Pandey						
Saturday	Samhita Adhyayan-II (NLHT)	Dravya Guna (NLHT)	RSBK (LH)	Samhita Adhyayan-II (LH)	Yoga					
	Dr. Pragya Singh	Dr. Gaurav Awasthi	Dr. Pradeep Kumar Pandey	Dr. Akansha						

Actual needed hour as per NCISM

Working Days 305 = 51 Weeks (Total Hr. needed 2240)

AT	-	LH Alloted 100 hr	51X2	102
AT	-	NLH Alloted 200 hr	51X4	204
RSBK	-	LH Alloted 150 hr	51X3	153
RSBK	-	NLH Alloted 300 hr	51X5	255
RN	-	LH Alloted 150 hr	51X3	153
RN	-	NLH Alloted 300 hr	51X5	255
DG	-	LH Alloted 150 hr	51X3	153
DG	-	NLH Alloted 250 hr	51X4	204
SW	-	LH Alloted 150 hr	51X3	153
SW	-	NLH Alloted 250 hr	51X4	204
SA-II	-	LH Alloted 100 hr	51X2	102
SA-II	-	NLH Alloted 140 hr	51X3	153

**BABU YUGRAJ SINGH AYURVEDIC MEDICAL COLLEGE & HOSPITAL**

**BAMS 2ND YEAR TIME TABLE (2022-23) w.e.f. 03-12-2025**

Day / Time	09:30 To 10:15	10:15 To 11:00	11:00 To 11:45	11:45 To 12:30	12:30 To 13:15	13:15 To 14:00	14:00 To 15:00	15:00 To 16:00	16:00 To 16:30
Monday	Sambhita Adhyayan-II LH	Dravya Guna NLH T	Rog Nidan LH	Swasthavritta LH	Ras Shastra Evam Bhaishajya Kalpana LH	<b>LUNCH</b>	GRP-A (SW) GRP-B (AT) P	GRP-B (SW) GRP-A (AT) P	<b>LIBRARY/ SEMINAR/ SPORTS</b>
	Dr. Pragya Singh	Dr. Ram Munish	Dr. Rohit Pandey	Dr. Shahanshah	Dr. Ashutosh Pandey				
Tuesday	Sambhita Adhyayan-II LH	Dravya Guna NLH P	Rog Nidan LH	Swasthavritta LH	Ras Shastra Evam Bhaishajya Kalpana LH		GRP-A (RSBK) GRP-B (RN) NLH P	GRP-B (RSBK) GRP-A (RN) NLH P	
	Dr. Pragya Singh	Dr. Ram Munish	Dr. Rohit Pandey	Dr. Shahanshah	Dr. Ashutosh Pandey				
Wednesday	Sambhita Adhyayan-II NLH T	Agad Tantra LH	Rog Nidan LH	Swasthavritta LH	Ras Shastra Evam Bhaishajya Kalpana LH		GRP-A (RSBK) GRP-B (RN) NLH P	GRP-B (RSBK) GRP-A (RN) NLH P	
	Dr. AKANKSHA GANGWAR	Dr. Raj Mohan	Dr. Ankur	Dr. Shahanshah	Dr. Ashutosh Pandey				
Thursday	Dravya Guna LH	Agad Tantra LH	Rog Nidan NLH T	Swasthavritta NLH T	Ras Shastra Evam Bhaishajya Kalpana NLH T		GRP-A (RN) GRP-B (RN) NLH P	GRP-B (RN) GRP-A (RN) NLH P	
	Dr. Gaurav Awasthi	Dr. Raj Mohan	Dr. Ankur	Dr. Anita Pal	Dr. Pradeep Kumar Pandey				
Friday	Dravya Guna LH	Agad Tantra NLH T	Ras Shastra Evam Bhaishajya Kalpana LH	Swasthavritta NLH P	Library		GRP-A (AT) GRP-B (RSBK) NLH P	GRP-B (AT) GRP-A (RSBK) NLH P	
	Dr. Gaurav Awasthi	Dr. Raj Mohan	Dr. Pradeep Kumar Pandey	Dr. Anita Pal					
Saturday	Dravya Guna LH	Dravya Guna NLH P	Rog Nidan NLH T	Sports	Yoga		GRP-A (AT) GRP-B (DG) NLH P	GRP-B (AT) GRP-A (DG) NLH P	
	Dr. Gaurav Awasthi	Dr. Gaurav Awasthi	Dr. Ankur						

Principal

Principal

Babu Yugraj Singh

Ayurvedic Medical College & Hospital  
Baghamau, Gonti Nagar, V-6, Lucknow

Actual needed hour as per NCISM

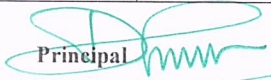
Academic Duration= 1.5 Year/Working Days 305 = 51 Weeks (Total Hr. needed 2240)

SL	-	IH Allotted 100 hr	51X2	102
SL	-	NH Allotted 200 hr	51X3	153
KC	-	IH Allotted 150 hr	51X2	102
KC	-	NH Allotted 300 hr	51X5	255
KB	-	IH Allotted 100 hr	51X2	102
KB	-	NH Allotted 175 hr	51X3	153
ST	-	IH Allotted 125 hr	51X3	153
ST	-	NH Allotted 250 hr	51X4	204
PK	-	IH Allotted 100 hr	51X2	102
PK	-	NH Allotted 200 hr	51X4	204
PTSR	-	IH Allotted 100 hr	51X2	102
PTSR	-	NH Allotted 175 hr	51X4	204
SA-III	-	NH Allotted 50 hr	51X1	51
SA-III	-	NH Allotted 100 hr	51X2	102
RM&S	-	NH Allotted 25 hr	51X1	51
RM&S	-	NH Allotted 50 hr	51X1	51
EM	-	NH Allotted 40 hr	51X1	51

**BABU YUGRAJ SINGH AYURVEDIC MEDICAL COLLEGE & HOSPITAL**

**BAMS 3rd YEAR TIME TABLE (2021-22) w.e.f. 13-04-2026**

Day / Time	09:30 To 10:15	10:15 To 11:00	11:00 To 11:45	11:45 To 12:30	12:30 To 13:15	13:15 To 14:00	14:00 To 15:00	15:00 To 16:00	16:00 To 16:30
<b>Monday</b>	Research Methodology-LH	PTSR- LH	Samhita Adhyayan-III - LH	Shalya Tantra - LH	Kaya Chikitsa -LH	<b>LUNCH</b>	Kaya Chikitsa - NLHP	Kaya Chikitsa - NLHP	<b>LIBRARY/ SEMINAR/ SPORTS</b>
	Dr. Shahanshah Alam Khan	Dr. Richa Sharma	Dr. Pragya Singh	Dr. Priyanka Tripathi	Dr. Yogendra Kumar				
<b>Tuesday</b>	Kaya Chikitsa -LH	Research Methodology-NLHT	Samhita Adhyayan-III - NLHT	Shalya Tantra - LH	Kaumarbhritya -NLHT		Kaya Chikitsa - NLHP	Kaya Chikitsa - NLHP	
	Dr. Namrata Modi	Dr. Shahanshah Alam Khan	Dr. Pragya Singh	Dr. Sanjeet Kumar Sahu	Dr. Dipratna Devendra More				
<b>Wednesday</b>	Kaya Chikitsa -NLHT	PTSR- NLHT	Research Methodology-NLHT	Shalya Tantra - NLHT	Panchkarma- LH		Panchkarma- NLHP	Panchkarma- NLHP	
	Dr. Namrata Modi	Dr. Richa Sharma	Dr. Shahanshah Alam Khan	Dr. Anjali Varma	Dr. Supriya Sahu				
<b>Thursday</b>	Kaumarbhritya -LH	PTSR- NLHP	Samhita Adhyayan-III - LH	Research Methodology-LH	EMERGENCY MEDICINE (NLH T/P)		Shalya Tantra - NLHP	Shalya Tantra - NLHP	
	Dr. Archana Verma	Dr. Vandana Shivhare	Dr. Akanksha Gangwar	Dr. Shahanshah Alam Khan	Dr. Yogendra Kumar/ Prof. (Dr.) Dhruva Kumar Mishra				
<b>Friday</b>	Kaumarbhritya -NLHT	PTSR- LH	Samhita Adhyayan-III - NLHT	Shalaky Tantra - LH	Panchkarma- LH		Shalaky Tantra - NLHP	Shalaky Tantra - NLHP	
	Dr. Vandana Jaiswal	Dr. Richa Sharma	Dr. Shailendra Singh Sengar	Dr. Gaurav	Dr. Shweta				
<b>Saturday</b>	Shalaky Tantra - NLHT	PTSR- NLHP	Samhita Adhyayan-III - NLHT	Shalaky Tantra - LH	Panchkarma- NLHT		Kaumarbhritya - NLHP	Kaumarbhritya - NLHP	
	Dr. Gaurav	Dr. Vandana Shivhare	Dr. Pragya Singh	Dr. Jadhav Reshma Arjun	Dr. Madhavika Prakaash Chaudhari				

  
Principal

**Principal**  
Babu Yugraj Singh  
Ayurvedic Medical College & Hospital  
Baghamau, Gomti Nagar, V-6, Lucknow